

RULES OF THE COMPETITION

- The Feis will run in accordance with the Rules of **An Coimisiún Le Rincí Gaelacha**.
- Entries will only be accepted from persons currently registered with CLRG.

GRADE COMPETITION RULES

1. **Beginners Grade** competitions are confined to dancers who have never won 1st, 2nd or 3rd prize (please refer to the grid below) in any competition for that particular dance.
2. In **Beginners Grade** competitions only basic steps may be performed.
3. **Primary Grade** competitions are confined to dancers who have never won 1st 2nd or 3rd prize (please refer to the grid below) for that particular dance other than in Beginners Grade.
4. **Intermediate Grade** competitions are open to all dancers who have not previously won 1st or 2nd prize (please refer to the grid below) for that particular dance in Intermediate under the same or higher age limits. If a dancer in Continental Europe and Asia wins in Intermediate, they advance to the next level for the rest of the calendar year. Teachers can move dancers back at their own discretion at the start of the next calendar year.

Grade	Number of Entries	Number of Dancers to progress
Beginner	5 or less	none
Beginner	6 to 10	1st & 2nd Place
Beginner	> 11	1st, 2nd & 3rd Place
Primary	5 or less	none
Primary	6 to 10	1st Place
Primary	11 to 20	1st & 2nd Place
Primary	> 20	1st, 2nd & 3rd Place
Intermediate	5 or less	none
Intermediate	6 to 10	1st Place
Intermediate	> 11	1st & 2nd Place

5. For all **Beginner, Primary and Intermediate** competitions (excluding trophy competitions) the 32-bar method will be applied; **Two and three hands** are danced to 40 bars of music. **Céili and figure dances** are subject to the rules applied at Oireachtasí.

MUSIC SPEEDS

Dance	Beginner	Primary	Intermediate/Open
Reel	121/123	116/118	113
Light Jig	116	116	116
Single Jig	124	124	124
Slip Jig	121	118	113
Heavy Jig	89	79	73
Hornpipe	142	130	113

TROPHY & CHAMPIONSHIP RULES

6. **Beginner, Primary and Intermediate Trophy Competitions**, will be a choice of light and heavy dance. Dancers will dance 16 bars down the line in their chosen dance(s).
7. **Traditional Set Dance competitions**, dancers will have a choice out of 7 traditional dances: St. Patrick's Day, Blackbird, Job of Journeywork, Garden of Daisies, King of Fairies, Jockey to the Fair & Three Sea Captains. If a dancer wins a first place in any traditional set dance competition, that dancer moves on the next level in all 7 traditional set dances.
8. **Premier Championships Comp. 100, 101, 102 & 103** will be judged by one adjudicator, as two solos and then an overall result. Dancers will be required to dance 48 bars of music for the Reel & Heavy Jig, and 40 bars for Slip Jig & Hornpipe, plus a Modern Set in the third round. If there are more than 10 in the competition, there may be a recall for the Modern Set round.
9. **Adult Championships Comp. 104, 105 & 106** will be judged by one adjudicator. Dancers are required to dance to 32 bars of music and will dance a choice of soft shoe (Reel or Slip Jig for ladies and Reel for gentlemen), heavy shoe (Heavy Jig or Hornpipe) and a Traditional Set. The competitions are open to dancers of Intermediate and above level who have never won a 1st, 2nd or 3rd place in an Open Championship and are not participating in a full Open Championship at the same Feis.
10. Where there are five or less dancers in any Championship placement will not affect grading.

OFFICIAL CLRG RULES

11. The lodgment of an entry will be taken to mean that teachers and pupils understand these rules and undertake to abide by them.
12. Objections must be lodged in writing within one hour of the announcement of the result of a competition accompanied by a fee of 40 Euro, which will be refunded if the objection is upheld.



13. The Adjudicators' decisions are final.
14. Only Feis officials may approach the adjudicators during competition sessions.
15. Age will be taken as on 1st January 2026 (whatever age you turn this year, in 2026, you dance under that age all year long, e.g. if a dancer's date of birth is 29 May 2002, he/she dances under 10 in the year 2012). Evidence of age may be requested, therefore dancers should have a valid ID with them in the event of a query as to their age.
16. Competitors must be in costume and ready to dance 30 minutes before their competitions are scheduled.
17. The dress code in accordance with An Coimisiún rules will be strictly observed. For the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the Feis scantily dressed.
18. All **Beginners** and **Primary** dancers of all age groups may only wear a class costume, simple dancewear or appropriate attire (skirt and top/blouse, simple dress for girls and ladies, trousers and t- shirt/shirt for boys and gents. Make-up is not permitted for any dancer in the first two grades up to and including the Under 12 age group worldwide.
19. The Costume Rules of An Coimisiún, as amended, also apply in Continental Europe and Asia; it can be found in the "Rules" section on www.clrg.ie for reference. Female adult dancers participating in competitions entitled 'adult competition' and/or 'adult grade competition' (both solo and team) are required to wear tights of a denier not less than 70.
20. Team dances (four hands and upward) must be performed as per the Coimisiún handbook "Ar Rinci Ceili".
21. By entering in competitions, dancers (or their legal representatives, in case of minors) consent to their names being stated in the feis results and in the public Internet archives or any other feis entry/results system as may replace it.
22. Provided that dancers are not disturbed by flashlights or the like, photography and video recording by persons other than official feis photographers is allowed during **Beginners** and **Primary** competitions and during **all** award ceremonies. During **Intermediate** and **Premier** competitions, ONLY the official feis photographer is permitted to take photos. Those who do not wish to be photographed should make themselves known to the Feis Organisers.
23. An Coimisiún has ruled that from 1st January each year, no block, en pointe, stationary or moving, be allowed to be performed for all ages up to and including the under 12 age group worldwide. The Under 12 Age Group will be allowed to toe walk from September 1st.
24. Within the limits specified in the Rules of An Coimisiún, the Organisers may at their discretion cancel or combine competitions with insufficient entries.
25. Order and quiet must be kept in the hall, particularly while competitors are dancing.
26. The Feis Organisers cannot accept any liability for injury or loss or damage to property while on the premises.
27. No refunds will be made.



EXTRA FEIS RULES

28. Dancers competing in the **Treble Reel** Competitions will dance 16 bars down the line Free Style. Therefore, the use of hands and non-traditional dance wear are permitted.
29. **Treble Reel** Competitions nr. **26, 26a, 36, 36a, 44, 44a, 52, 52a** will have the theme "**Hogwarts Legacy**". However, it is not mandatory to wear a themed costume.
30. Dancers competing in the **Gradlon and Dahut Trophy** Competitions will dance 16 bars down the line Free Style. Therefore, use of hands is permitted. Due to time constraints, dancers are encouraged NOT to change costumes for this competition.
 - **Gradlon Gents' Trophy Competitions nr. 53-53a** will be a dance in Reel time and a choice between light or heavy shoes. It is a competition for gents of all levels, in freestyle. The speed of the Reel will be 113.
 - **Dahut Ladies' Trophy Competitions nr. 54-54a** will be a dance in Slip Jig time with light shoes. It is a competition for ladies of all levels, in freestyle. The speed of the Slip Jig will be 113.
31. **Ceili Club competition 57** is a choice of any of the dances included in the An Coimisiún handbook "Ar Rinci Foirne". The Competition is open to all ages and to all dancers who DO NOT participate in Solo competitions. However, as a special concession two persons per team who participate in Solo competitions may be included in the Ceili Club Team (after informing the Feis Organiser).
32. Only the first seven dancers participating in each competition will be awarded, except for the Reel competitions of each level as well as the Trophy, Traditional Set and Treble Reel competitions.

